

# 2026 SURVEY REPORT

Youth mental health is being shaped by constant digital pressure and limited support systems - creating an urgent need for earlier, more accessible care and stronger connections at home, school, and in the community.

*\*Survey results are based on 542 Survey responders across 34 counties in the State of Michigan, including responders from the states of Illinois, Indiana, Ohio and Texas.*

## I believe that youth mental health is improving.

(58.3% disagree)



## I see an increase in burnout among my colleagues.

(85.07% agree)



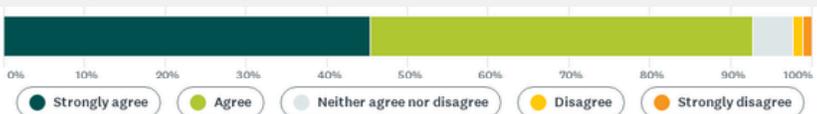
## Technology has a positive impact on youth mental health.

(72.21% disagree)



## I feel my words, actions, and presence have an impact on the youth in my life.

(92.79% agree)

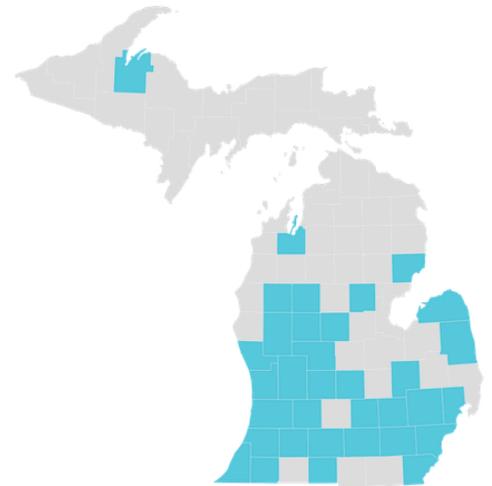


## I feel equipped with effective tools and resources to support youth mental health.

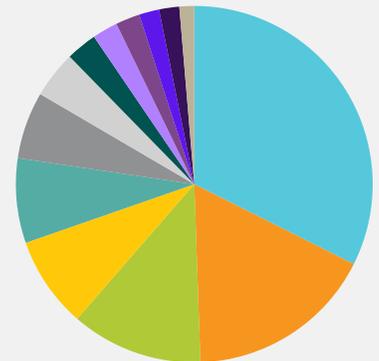
(58.52% agree)



## Counties Represented



## Occupation



- Education
- Social Work
- Mental Health, Counseling, Therapy
- Non-profit Serving Children
- Stay at Home Parent or Caregiver
- Health Care
- Other
- Church/Ministry
- Business/Finance
- Non-profit, not primarily serving children
- Retired/Volunteer
- Government or Civic Organization
- Community or Public Relations



**7.6 out of 10 respondees** are parents, guardians, or caregivers.

