

TRAUMA INFORMED CAREGIVER EDUCATION



A class for parents/caregivers with children who have experienced trauma and are part of their healing process

2026 SCHEDULE

Classes are Wednesdays 5:30-7:30 for 6 weeks via Microsoft Teams

- ▶ **February 25 - April 1**
- ▶ **April 15 - May 20**
- ▶ **June 10 - July 15**
- ▶ **August 5 - September 9**
- ▶ **September 23 - October 28**
- ▶ ***November 10 - December 15**
* TUESDAYS

TOPICS INCLUDE:

- ▶ Trauma 101
- ▶ Understanding the effects of trauma
- ▶ Understanding feelings & behaviors
- ▶ Building a safe place
- ▶ Connections & healing
- ▶ Being an advocate

Please note childcare is **NOT** provided.

REGISTRATION:

- ▶ Fill out referral form(s)
- ▶ Fax to (616) 942-9548 ATTN: Melissa Kramer or email COUNSELING@WEDGWOOD.ORG
- ▶ Registration **MUST** be completed the **one week before** scheduled start date.

Slots fill quickly. If class is at full capacity, referral will be contacted and placed on the roster for the next available date.

QUESTIONS? Contact our team at **(616) 942-7294** or **COUNSELING@WEDGWOOD.ORG**

Insurances Accepted: ASR, Aetna/Cofinity, BCN/BCBS, Cigna, Magellan, McLaren, Molina, Priority Health. Kent Co. Medicaid. | *Cost dependent on individual insurance plan.*

 **WHERE HEALING BEGINS**