

Summer Activity Ideas for Young Children, & Children with Autism

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MOTOR-SKILLS ACTIVITIES

- Use tweezers with pom poms and put them in a jar
- Use an empty tissue box to make a "monster" and feed it numbers, shapes or letters of the alphabet
- Use bean bags and toss into a hula hoop
- Use chalk to make a path to hop, skip, jump and twirl.

BE ON THE LOOKOUT FOR COMMUNITY HELPERS YOU MIGHT SEE THIS SUMMER

- How do they help us?
 - Lifeguards - they keep us safe when we swim
 - Construction workers - they fix the roads
 - Firefighters - they keep our buildings safe from fire
 - Nurses/Doctors - they help the sick
 - Teachers/Instructors - they help us learn at school, ABA (applied behavior analysis), or camp

VISUAL RECEPTIVE IDENTIFICATION MULTIPLE EXAMPLES

- I see grass. What else is green? What else is soft?
- I see a stop sign. What else is red? What else has 8 sides?
- I see blue water. What do we wear in the water?

WAITING

- While you wait in a line, in traffic or for your turn at an outing a great imitation skill to practice is to repeat lines and movements to a song such as "Open, shut them."
 - Open shut them. Open shut them give a little clap
Open shut them, Open shut them, lay them in your lap
Creep them, creep them, Creep them, creep them, right up to your chin
Open wide your little mouth, but do not let them in
Now this time let's sing it a little bit faster, Here we go
Open shut them. Open shut them give a little clap
Open shut them. Open shut them, lay them in your lap
Creep them, creep them. Creep them, creep them, right up to your chin
Open wide your little mouth, but do not let them in.

SENSORY, SORTING AND OPPOSITES

- At the park you can sort rough and smooth stones or long and short sticks.
- At the beach you can compare wet and dry sand.
- At the zoo you can compare 4 legged, 2 legged and aquatic animals.
- If you are camping you can sort brown and green leaves, acorns, pinecones and twigs.
- Hard surfaces like concrete and soft surfaces like grass or sand.
- You can freeze toys in little containers of water and have them be revealed as the ice melts for cold and warm.