

# Adolescent IOP

## Intensive Outpatient Group

SUBSTANCE USE INTENSIVE OUTPATIENT GROUP FOR  
ADOLESCENTS AGES 13-17 YEARS OLD.



### The curriculum for this group will address:

- ▶ Safety as an overarching goal
- ▶ Working on both trauma and addiction
- ▶ Development of ideals to combat addiction
- ▶ Safe peer discussion and support
- ▶ Support with parent & caregiver involvement

Hybrid meetings are **Tuesday**, **Wednesday**, and **Thursday** from **3:30pm - 6:30pm**

IOP runs on a **5-week** continuous cycle:

*Start on a Family Week, and continue as long as needed*

#### ▶ **Week 1 | Family Week**

**Tuesday:** Orientation, Family Day

**Wednesday & Thursday:** Individual/Family Check-in & Sessions

#### ▶ **Weeks 2-5 | Peer Group**

**Tuesday, Wednesday, Thursday:** Peer Group Sessions

### 2025 START DATES

<b>5/20</b>	<b>9/10</b>
<b>7/1</b>	<b>10/14</b>
<b>8/5</b>	<b>11/18</b>

Wedgwood's Northeast Counseling Center | 1260 Ekhart St NE, Grand Rapids, MI 49503

## REGISTRATION:

- ▶ Contact Wedgwood's Counseling Office at **616.942.7294**  
or email **COUNSELING@WEDGWOOD.ORG**
- ▶ **Individual Assessment must be completed prior to group start date.**

Slots fill fast — no late referrals will be accepted. If class is full, individual will be put in the next available group.

*Participation is a minimum of 9 hours per week*

QUESTIONS? Contact our team at **(616) 942-7294** or **COUNSELING@WEDGWOOD.ORG**