

TIP:

Trauma Informed Parenting Class

A class for parents/caregivers with children who have experienced trauma and are part of their healing process



This 6-week course address:

- ▶ Trauma 101
- ▶ Understanding the effects of trauma
- ▶ Understanding feelings & behaviors
- ▶ Building a safe place
- ▶ Connections & healing
- ▶ Being an advocate

SCHEDULE FOR 2024

Classes are on WEDNESDAYS for 6 weeks via Microsoft Teams

January 10 - February 14 | 5:30 - 7:30pm

August 7 - September 11 | 11:30am - 1:30pm

February 21 - March 27 | 5:30 - 7:30pm

September 25 - October 30 | 5:30 - 7:30pm

April 10 - May 15 | 5:30 - 7:30pm

November 12 - December 17 | 5:30 - 7:30pm

Please note childcare is **NOT** provided.

Registration:

- ▶ Fill out referral form(s)
- ▶ Fax to (616) 942-9548 ATTN: Melissa Kramer or email COUNSELING@WEDGWOOD.ORG
- ▶ Registration **MUST** be completed the **one week before** scheduled start date.

Slots fill fast — no late referrals will be accepted. If class is full, family will be put on the next available date.

QUESTIONS? Contact our team at (616) 942-7294 or COUNSELING@WEDGWOOD.ORG