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***Plus Additional Trainings**

“Who is this Man?”

On the eve of His crucifixion it seemed like Jesus’ influence on the world had ended. On the contrary, it had just begun. Join us as we spend 5 weeks discovering the influence and challenge Jesus has on history, and on your life! What a perfect way to learn and grow as we enter the Lenten season! All are welcome, and while attending each week is preferred it is certainly not required.

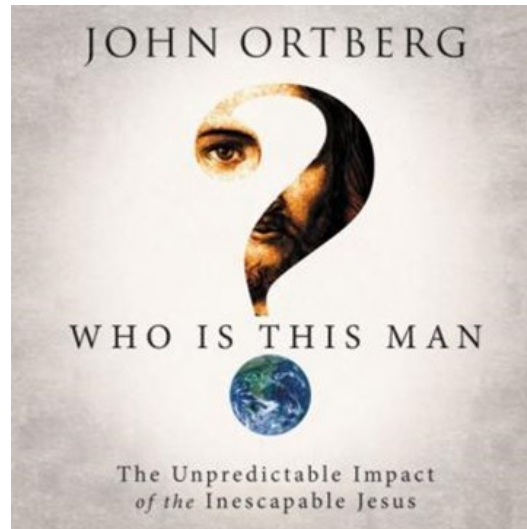
February 28: → *The Man Who Won't Go Away*

March 7: → *A Revolution of Humanity*

March 14: → *The Power of Forgiveness*

March 21: → *Why It's s Small World After All*

March 28: → *Three Days That Changed the World*



LOCATION:

Nagel Chapel

TIME:

12:00 PM—1:00 PM

FACILITATORS:

Wedgwood Chaplains

Wedgwood Christian Services, provider # 1175, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) through the Approved Continuing Education (ACE) program. Wedgwood Christian Services maintains responsibility for the program. Wedgwood Christian Services is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0059

WINTER SESSION

Motivational Interviewing ▼

Part 1—What it is and Why it Works - We will briefly cover the major components involved in Motivational Interviewing. We will discuss how these theories work together to create a thought process that draws people to deal with the problem of motivation and ambivalence in their lives.

Part 2— How it Works—We will briefly cover the major clinician's response involved in Motivational Interviewing. We will discuss how these responses work together to create a strong therapeutic relationship and assist clients to increase their motivation to change.

Part 3—Building Motivation to Change—We will cover the major hurdles to change; specifically the role of ambivalence and fear in the change process. We will also look at traditional road-blocks that clinicians often have that prevent us from hearing our clients well.

Part 4—Increasing Internal Motivation and Managing—We will cover what to listen for and how to impact internal motivation and discuss what type of resistance one can expect to experience as well as how to manage this resistance.

Part 5—Strengthening Commitment to Change—We will focus on enhancing confidence and strategies for strengthening commitment and motivation to change. We will discuss how to listen for, as well as elicit change talk, and the value of change talk in the process.

DATES/TIMES:

Part 1—Friday, January 12, 9—11 am

Part 2— Friday, January 26, 9—11 am

Part 3— Friday, February 9, 9—11 am

Part 4— Friday, February 23, 9—11 am

Part 5—Friday, March 9, 9—11 am

LOCATION: Garrett Conference Room

FACILITATOR: Anthony Muller , MA, LPC, CAADC, CCS

COST: \$20 + \$10 for 2 CEU's and MCBAP Specific hours

Healthy Adolescent Sexuality ▼

Working with teens with poor sexual boundaries can be quite a demanding task. When we consider the unique challenges of doing therapeutic work in residential treatment, foster care, education or other settings, it can seem overwhelming. This session will discuss many aspects of working with young people who have very poor sexual boundaries, including sexually offensive behaviors. We will cover a wide range of perspectives to better understand the reasons why and the different ways that teens try to act out sexually, and proven techniques and interventions to effectively respond to those behaviors.

DATE: Tuesday, February 13

TIME: 9:00 am—11:00 am

LOCATION: Garrett Conference Room

PRESENTER: Ron Grooters, LMSW

COST: \$20 + \$10 for 2.0 CEU's

WINTER SESSION

Ignite and Expand Your Leadership

We continue our Leadership series with three more amazing speakers from the 2017 Global Leadership Summit. Will you commit to growing in your leadership with us in the year 2018? We hope to see you there!

Andy Stanley, Leadership Author; Communicator; Pastor. *Outreach Magazine* identified Stanley as one of the “Top 10 Most Influential Pastors in America.” The author of more than 20 books, he is passionate about serving both church and organizational leaders. Stanley will challenge each of us personally and as an organization to be “Uniquely Better”.

Gary Haugen, Founder & CEO, International Justice Mission a world-wide agency rescuing victims of violence, exploitation, slavery and oppression. Recognized by the U.S. State Department as a Trafficking in Persons “Hero” – the highest honor given by the U.S. government for anti-slavery leadership – Haugen is the author of three books and has been featured in *Foreign Affairs*, *The New York Times* and *Forbes*.

Marcus Buckingham, Best-selling Author; Founder, The Marcus Buckingham Company. The world’s leading authority on strengths, performance and engagement, founded his company following 30 years at Gallup. He is the best-selling author of multiple books, including *Now, Discover Your Strengths*. A Summit favorite, Buckingham will challenge everyone to rethink the vital leadership function of performance management based on his latest multi-year research.

DATES: January 17— Andy Stanley
February 21—Gary Haugen
March 21—Marcus Buckingham

TIME: 1:00 pm—2:00 pm

LOCATION: Nagel Chapel

PRESENTERS: Global Leadership Committee



First Aid and CPR

Become certified in First Aid and CPR through the American Heart Association’s curriculum. Learn the basics of treating cuts, sprains, burns as well as how to respond to a variety of medical concerns. Staff will follow a video presentations that provides you with additional time to master each skill.

This training is required for all direct care staff within their first year of employment, with recertification every two years.

DATES/TIMES:

Thursday, February 22

First Aid 9:00 am—11:00 am

CPR 11:00 am—1:00 pm

LOCATION: Garrett Conference Room

PRESENTER: Wedgwood Institute Trainers

COST: \$30

WINTER SESSION

Institute for Healing Racism

Join this group to learn about the sin of racism while growing with others in a Christ-centered environment. This will be an opportunity to build bridges with other Christians in the fight against racism.

NOTE: For Wedgwood staff, Diversity Awareness is a prerequisite to the I.H.R. This training is required for all full-time Wedgwood employees within their first two years of employment .

DATE: Thursday and Friday, March 1 & 2
(Must attend **both** sessions)

TIME: 8:30 am—5:00 pm

LOCATION: Garrett Conference Room

PRESENTERS: Arlan Palmer, LeRae Kuperus and Savion Sanford

COST: \$175.00 + \$10.00 for 14.0 CEU's

Introduction to Occupational Therapy

Many individuals struggling with mental illness have not developed abilities to appropriately process sensory input due to chemical imbalances, trauma, abuse, neglect or other delays. This results in difficulty feeling safe in their environment and their own bodies. When a person cannot adequately process sensory input, it can be hard simply making it through the day.

Individuals often spend so much energy trying to cope with and compensate for sensory processing challenges that it creates barriers to the effectiveness of psychological treatment. This workshop covers the basics of sensory processing. We will explore what sensory processing is, how it affects those struggling with mental illness and some basic ways that we can use sensory strategies effectively.

DATE: Thursday, March 22

TIME: 9:00 am—11:00 am

LOCATION: Garrett Conference Room

PRESENTER: Ashley Havemeier

COST: \$20.00 + \$10.00 for 2.0 CEU's

This training is required for all Developmental Care Specialists within their first year of employment.

Use of Mindfulness in Clinical Setting, Including Pain Management

Mindfulness is recognized as a component of DBT, however it has now been expanded into Mindfulness Based Stress Response, Mindfulness Based Cognitive Therapy, and Mindfulness Based Relapse Prevention. Mindfulness proves an effective intervention with any type of impulse control issues. In addition, research proves Mindfulness as an important strategy with chronic pain.

DATE: Tuesday, February 6

TIME: 9:00 am—11:00 am

LOCATION: Garrett Conference Room

PRESENTER: Thomas Moore, LMSW, CAADC, CCS

COST: \$30.00 + \$10.00 for 2.0 CEU's

WINTER SESSION

Human Trafficking ▼

The Manasseh Project is an outreach ministry of Wedgwood dedicated to ending the sexual exploitation of young men and women in West Michigan. Through community education and collaboration, the Manasseh Project provides support for victims of human trafficking and empowers the people of West Michigan to end modern day slavery. The Manasseh Project's presentation will be focused on identifying victims of sexual exploitation, effective interventions, and treating victims of sex trafficking.

DATE: Friday, February 16

TIME: 9:00 am—12:00 pm

LOCATION: Garrett Conference Room

PRESENTER: Nikedra DeBarge and Ashley Anderson

COST: \$30.00 +\$10 for 3.0 CEU's

Adolescent Suicide Prevention and Intervention ▼

This class is based on material published by the National Center on Institutions and Alternatives (NCIA) in 2013, recognized as the most comprehensive and up-to-date instruction on suicide prevention in residential juvenile facilities. The course was designed to equip direct care, medical, mental health, and education personnel with a comprehensive understanding of suicidal behavior as it relates to the environment of a residential treatment center. It includes information on juvenile suicide research, guiding principles to suicide prevention, why facility environments are conducive to suicidal behavior, staff attitudes about suicide, predisposing factors, warning signs and symptoms, high-risk periods, components of suicide prevention policies, instruction regarding staff response to a suicide attempt, stress debriefing, and liability issues.

This training is required for direct care staff in their first year of employment.

DATE: Tuesday, February 13

TIME: 1:00 pm—3:00 pm

LOCATION: Garrett Conference Room

PRESENTER: Jeff Walters

COST: \$20.00 +\$10.00 for 2.0 CEU's

Mentoring Program Information

Watch for details regarding the Mentoring Program.

DATE: Wednesday, January 10

TIME:

LOCATION: Nagel Chapel

WINTER SESSION

Professional Boundaries ♥

The maintenance of healthy boundaries is important in any relationship, but human service professionals face unique challenges when working with clients whose emotional needs are especially demanding. This session reviews boundary types, explores why and how boundaries get blurred and provides guidelines to stay balanced when conflicts arise.

This is a mandatory training for all direct-care staff in their first year of employment. Veteran and non-residential staff are also welcome to attend.

DATE: Wednesday, March 15

TIME: 1:00 pm—3:00 pm

LOCATION: Garrett Conference Room

PRESENTER: Jeff Walters

COST: \$20

Agency Awareness/Wellness

This training offers important information primarily for new Wedgwood employees, interns and volunteers. It gives staff an overview of Wedgwood's mission, values, and the many programs offered to the community through our Residential, Community and Educational Services. The session includes an opportunity to meet Wedgwood's CEO Randy Zylstra and Chief Human Resources Officer, Sandy Boyer. An optional orientation to our Wellness Center also provided at the end of the presentation.

This training is required for all Wedgwood employees, interns, and volunteers.

DATES/TIMES:

Friday, Jan 19, 10:30 a m—12:00 pm

Thursday, Mar 8, 8:30 am—10:00 am

Wellness Center Orientation is scheduled for 1/2 hour after Agency Awareness

LOCATION: Garrett Conference Room

PRESENTERS: Randy Zylstra
Sandy Boyer

Becoming Trauma Sensitive ♥

This is an introduction to trauma-informed treatment that will increase awareness about stress and complex trauma. During this session, participants will explore developmental, interpersonal and psychological impacts associated with complex trauma and discuss different tools to help children heal.

This is a mandatory training for YTS in their first year of employment.

DATE: Thursday, January 18

TIME: 12:30 pm—3:00 pm

LOCATION: Garrett Conference room

PRESENTER: Bill Everett, MA

COST: \$20 + \$10 for 2.5 CE's

WINTER SESSION

Introduction to Med Passing

This class will give you the knowledge to correctly and safely dispense medications at Wedgwood to the residential clients. This two-hour training includes a Power-Point on all aspects of medication handling/dispensing, information on commonly used medications, other applicable information, quiz and hands-on medication handling.

This is designed for Wedgwood residential staff.

DATES:

Monday, January 22

Monday, February 19

Monday, March 19

TIME: 9:00 am—11:00 am

LOCATION: Garrett Conference Room

PRESENTER: Ellen Decker, RN

Amendment 13

The 13th Amendment to the United States Constitution officially abolished slavery and involuntary servitude with the exception of punishment for a crime. It is this exception which has laid the foundation of the modern prison system in America. The documentary film "13th" shares the history of this amendment, it's impact on our society and viewpoints on the ways it may be abused by government and corporations to oppress persons of color. Come join fellow Wedgwood staffers for a screening of this film and an opportunity for safe conversation. Food will be provided so come ready to **Dine and Discuss!**

DATE: Tuesday, February 13

TIME: 6:00 pm—9:00 pm

LOCATION: Nagel Chapel

FACILITATORS: IHR Facilitators

Diversity Awareness

Learn about diversity as we lead you through activities, discuss the importance of accountability and celebrate the richness of our differences. All this to help you understand how to enjoy God's hand in diversity.

This training is required for all staff within their first year of employment.

DATE: Wednesday, February 28

TIME: 9:00 am—11:00 am

LOCATION: Garrett Conference Room

PRESENTER: Arlan Palmer

COST: \$20

WINTER SESSION

Introduction to Crisis Prevention De-escalation ♥

Aegis certified trainers will review with staff and keep them proficient in The Aegis System™ which is a nonviolent crisis intervention and behavioral support model. The word intervention is used to describe any verbal or physical response to an escalated situation. The term crisis refers to any situation where a person's behaviors present a safety concern. The aim of The Aegis System™ is to protect the physical and emotional safety of every person in a clinical or therapeutic environment. The focus of the Aegis System™ is on non-physical techniques that prevent the need for physical intervention. The Aegis System™ is intended to align with any clinical or therapeutic organization. The term "client" refers to any person in program care or temporary custody. The Aegis System™ emphasizes early intervention and is intended to positively impact program culture and atmospherics on a day-to-day basis to maintain a safe environment. The Aegis System™ utilizes evidence-based practices. When theory is discussed, Aegis relies on expert consensus. Every element of The Aegis System™ has also been placed through an experiential filter.

DATES:

Thursday, January 11
Thursday, February 15
Friday, March 16

TIME:

8:30 am—4:30 pm

LOCATION: Nagel Conference Center

PRESENTERS: Wedgwood Institute trainers

This training is required within first 90 days of employment for Wedgwood staff who work directly with clients in residential programs.

Crisis Prevention De-escalation Recertification ♥

Aegis certified trainers will review with staff and keep them proficient in The Aegis System™ which is a nonviolent crisis intervention and behavioral support model. The word intervention is used to describe any verbal or physical response to an escalated situation. The term crisis refers to any situation where a person's behaviors present a safety concern. The aim of The Aegis System™ is to protect the physical and emotional safety of every person in a clinical or therapeutic environment. The focus of the Aegis System™ is on non-physical techniques that prevent the need for physical intervention. The Aegis System™ is intended to align with any clinical or therapeutic organization. The term "client" refers to any person in program care or temporary custody. The Aegis System™ emphasizes early intervention and is intended to positively impact program culture and atmospherics on a day-to-day basis to maintain a safe environment. The Aegis System™ utilizes evidence-based practices. When theory is discussed, Aegis relies on expert consensus. Every element of The Aegis System™ has also been placed through an experiential filter.

DATES/TIMES:

Cook Claus, Tue, Mar 6, 8 am—11 am

Antonini, Thu, Mar 8, 8 am—11 am

VanAndel, Tue, Mar 27, 8 am—11 am

LOCATION: Garrett Conference Room

PRESENTERS: Wedgwood Institute Trainers

*This recertification training is required every six months for all **Wedgwood** staff who work directly with clients in residential programs.*

Recipient Rights ♥

All Wedgwood employees are required to complete Recipient Rights training. In order to register for these classes, you must have a UserID and password to the network180.org website in order to receive credit for classes you attend in person or complete online.

Here are the training requirements:

1. **Recipient Rights Online** is an online training that must be taken prior to employment, or no later than 30 days after being hired. This is a one-hour course hosted on the n180 site. It's accessible from any internet-connected computer.
2. **Recipients Rights Live** is a 3.5 hour classroom training taught by n180 staff. This class should be completed between 90-180 days of hire, after new employees have become acquainted with clients and job expectations. This is the only time that the class needs to be taken in person.
3. **Recipient Rights Online** is the same training as the initial course, with recertification due every year.

Staff must register for classes online. To do so, visit:

<https://lakeshoretraining.org/network180>

Creating a new account is easy. You need to wait 30 minutes before proceeding with the online training.

Please note that you will not be able to “drop in” for a class—you must sign up in advance. You also need to arrive on time. In the past they have shut the door once the class begins.

The classes are hosted at the network180 office, which is located at 3310 Eagle Park Drive, NE, Suite 100 (Garden Level)
Grand Rapids, MI 49525

DATES/TIMES for Recipient Rights Classroom training are published on the network180 website:

<https://lakeshoretraining.org/network180>

LOCATION: Network 180, 3310 Eagle Park Drive NE, Suite 100 (Garden Level)
Grand Rapids MI 49525

PRESENTER: Network 180 Facilitators

COST: No Charge

WINTER SESSION REGISTRATION

PLEASE CHECK ALL THE TRAININGS YOU PLAN TO ATTEND

<input type="checkbox"/> Introduction to CPI/D	Jan 11	8:30 a—4:30 p
<input type="checkbox"/> Motivational Interviewing Part 1	Jan 12	9:00—11:00 am
<input type="checkbox"/> Leadership Training	Jan 17	1:00—2:00 pm
<input type="checkbox"/> Becoming Trauma Sensitive	Jan 18	12:30—3:00 pm
<input type="checkbox"/> Agency Awareness/Wellness	Jan 19	10:30 a—12 pm
<input type="checkbox"/> Introduction to Med Passing	Jan 22	9:00—11:00 am
<input type="checkbox"/> Motivational Interviewing Part 2	Jan 26	9:00—11:00 am
<input type="checkbox"/> Use of Mindfulness Including Pain Management	Feb 6	9:00—11:00 am
<input type="checkbox"/> Motivational Interviewing Part 3	Feb 9	9:00—11:00 am
<input type="checkbox"/> Healthy Adolescent Sexuality	Feb 13	9:00 - 11:00 am
<input type="checkbox"/> Adolescent Suicide Intervention/Prevention	Feb 13	1:00—3:00 pm
<input type="checkbox"/> Amendment 13	Feb 13	6:00—9:00 pm
<input type="checkbox"/> Intro to CPI/D	Feb 15	8:30 a—4:30 p
<input type="checkbox"/> Human Trafficking	Feb 16	9 am—12 pm
<input type="checkbox"/> Introduction to Med Passing	Feb 19	9:00—11:00 am
<input type="checkbox"/> Leadership Training	Feb 21	1:00—2:00 pm
<input type="checkbox"/> First Aid	Feb 22	9:00—11:00 am
<input type="checkbox"/> CPR	Feb 22	11 am—1 pm
<input type="checkbox"/> Motivational Interviewing Part 4	Feb 23	9:00—11:00 am
<input type="checkbox"/> Diversity Awareness	Feb 28	9:00—11:00 am
<input type="checkbox"/> Who is this Man? Bible Study	Feb 28	12:00—1:00 pm
<input type="checkbox"/> Institute for Healing Racism (Must attend BOTH sessions)	Mar 1 & 2	8:30 pm—5:00 pm
<input type="checkbox"/> CPI/D Recert (Cook Claus)	Mar 6	8:00—11:00 am
<input type="checkbox"/> Who is this Man? Bible Study	Mar 7	12:00—1:00 pm
<input type="checkbox"/> CPI/D Recert (Antonini)	Mar 8	8:00—11:00 am

<input type="checkbox"/> Agency Awareness/Wellness	Mar 8	8:30—10:00 am
<input type="checkbox"/> Motivational Interviewing Part 5	Mar 9	9:00—11:00 am
<input type="checkbox"/> Who is this Man? Bible Study	Mar 14	12:00—1:00 pm
<input type="checkbox"/> Professional Boundaries	Mar 15	9:00—11:00 am
<input type="checkbox"/> Intro to CPI/D	Mar 16	8:30 a—4:30 p
<input type="checkbox"/> Introduction to Med Passing	Mar 19	9:00—11:00 am
<input type="checkbox"/> Leadership Training	Mar 21	1:00—2:00 pm
<input type="checkbox"/> Who is this Man? Bible Study	Mar 21	12:00—1:00 pm
<input type="checkbox"/> Intro to Occupational Therapy	Mar 22	9:00—11:00 am
<input type="checkbox"/> CPI/D Recert (VanAndel)	Mar 27	8:00—11:00 am
<input type="checkbox"/> Who is this Man? Bible Study	Mar 28	12:00—1:00 pm

Please note that Wedgwood employees who have accounts in the Relias Learning Management System can now manage their enrollment in most of the classes offered through the Wedgwood Institute. To do so, go to your My Learning page and look for the “Sign Up” link located just under the class title. From there, you’ll see a list of dates and times to choose from. Simply click the “Enroll Now” button and you’re registered! Some classes may have limited enrollment, or require prior approval by Institute administrators (e.g. Institute for Healing Racism.) You can still use this form or the steps below to sign up for classes, but Relias now offers a new convenient option!

PLEASE PRINT

Name: _____
 Organization: _____
 Phone: _____
 Email: _____

MAIL: Wedgwood Institute 3300 36th Street SE
 Grand Rapids, MI 49512

E-MAIL: Institute@wedgwood.org

PHONE: (616) 942-2110 **FAX:** (616) 942-0589

♥ Symbol for Youth & Family Requirements

FOUR WAYS TO REGISTER!



WEDGWOOD

INSTITUTE

LIFELONG LEARNING

3300 36th Street SE

Grand Rapids, MI 49512