

FOUR WAYS TO REGISTER!

MAIL: Wedgwood Institute
3300 36th Street SE
Grand Rapids, MI 49512-2810

E-MAIL: Institute@wedgwood.org

PHONE: (616) 942-2110 **FAX:** (616) 942-0589

Registration deadline: One week before class

- The Expressive Arts in Therapy**
(basic - intermediate)
January 20 8:30 a.m. - 12:30 p.m. \$39
- The Basic Challenges of Adoptive Development** *(advanced)*
January 21 9:00 a.m. - 12:00 p.m. \$29
- Understanding the Continuum of Trauma: Healing the Internal Family System**
(intermediate)
February 10 9:00 a.m. - 12:15 p.m. \$29
- Therapy with Families in Poverty, Honoring Hopelessness, Holding Up Hope**
(intermediate)
February 19 9:00 a.m. - 12:15 p.m. \$29
- Putting the "Super" in Supervision: How to Conduct Effective Clinical Supervision in Social Work Practice** *(intermediate - advanced)*
March 19 9:30 a.m. - 12:45 p.m. \$39
- Health and Safety in Home/Community-Based Services** *(basic - intermediate)*
March 24 9:00 a.m. - 11:00 a.m. \$19

Name _____
 Billing Address _____
 City _____
 State/Zip _____
 Phone _____
 E-mail/fax (for confirmation) _____

METHOD OF PAYMENT

- Check Visa Mastercard

Name on Card _____
 Card #
 Security # (last 3 digits on back of card) _____
 Expiration date _____
 Signature _____

COURSE COMPLETION REQUIREMENTS/CERTIFICATES

To be awarded the number of CEs advertised, participants must sign in at the starting time and sign out at the scheduled ending time. Participants who need to leave early or arrive late may receive only partial credit to comply with regulations stipulated by the Association of Social Work Boards. Certificates will be distributed at the conclusion of the training upon completion of the course evaluation.

WHO SHOULD ATTEND

Sessions are designed for social workers and all other human service and health care professionals. All others are invited to attend any session.

CANCELLATIONS AND REFUNDS

Cancellations received 24 hours before the session will receive a full refund. Other cancellations may be subject to a 20% administrative fee. Wedgwood Institute reserves the right to cancel any session.

GRIEVANCE PROCEDURE

To submit a grievance regarding CE credits awarded or other issues, contact Vito Lentini, Associate Director, Wedgwood Institute, at (616) 831-5642 or vitol@wedgwood.org.

ADA ACCOMMODATIONS

Requests for ADA accommodations should be made by contacting Vito Lentini, Associate Director, Wedgwood Institute, at (616) 831-5642 or vitol@wedgwood.org.

LOCATION

Wedgwood Institute, 3300 36th Street SE
Grand Rapids, MI 49512-2810

Please visit www.wedgwood.org for directions.

ADDITIONAL INFORMATION

- All classes are held on our Kentwood campus at 3300 36th Street SE.
- Most classes take place at the Nagel Chapel & Conference Center, located on the east side of the administration building.
- Please note that the Wedgwood campus is smoke-free.
- As a Christian agency, the spiritual component is an important part of our trainings. Our instructors will often include a Christian perspective in their classes.

For a schedule of trainings, visit www.wedgwood.org or call Karleen Root/Pam Babb at (616) 942-2110.

WM1-T1-09

Wedgwood Christian Services, provider # 1175, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Wedgwood Christian Services maintains responsibility for the program.

WEDGWOOD INSTITUTE
LIFELONG LEARNING
3300 36th Street SE
Grand Rapids, MI 49512-2810

sharing hope providing help transforming lives



JANUARY - MARCH 2009

WEDGWOOD INSTITUTE
LIFELONG LEARNING

1 THE EXPRESSIVE ARTS IN THERAPY (basic-intermediate)

The expressive arts allow clients/patients to discover their own true self and facilitate emotional release. They gain insight with the use of visual arts, music, sound, movement, poetry, journaling, freestyle writing and guided imagery to help resolve problems, make decisions and discover new choices.

Participants will be able to:

- Explain the benefits of using expressive arts in the healing process.
- Discover new techniques and information on how to use different materials in the expressive arts.
- Explain how to help others find safe and creative ways for resolving life challenges.
- Discover creative ways to facilitate expressive groups and individual work when facing life challenges.

Note: Each person participating in the workshop is asked to bring an empty box and a pair of scissors.

Date/Time: Tuesday, January 20, 2009
8:30 am - 12:30 pm

Cost/CEs: \$39 (includes continental breakfast)
3.5 approved CEs

Registration Deadline: January 13, 2009

Presenter: Carol A. Johnson, LMSW, CSW, MSW, MHH, BFA, Expressive Art Therapist, received her MSW from Western Michigan University and her BA in Art of Design from Kendall College. Currently, she is a therapist at The Orellana Institute. Some of her workshops include "Treatment for Trauma Patients," "Expressive Art with Gifted and Talented Students," and "Art Therapy as a Treatment Modality," among others.

2 THE BASIC CHALLENGES OF ADOPTIVE DEVELOPMENT (advanced)

A clinical conversation about narcissistic impingements related to adoptive relinquishment. The presentation views termination of parental rights on adoptive development from an object relations perspective. Small group case conversations will be part of the workshop, providing insights for clinical work and treatment with adoptees of every age.

Clinicians will be able to:

- Describe four adoptee developmental challenges — grieving, identity, intimacy, and reality orientation.
- Explain how relinquishment alters personal development from both a psychological and a spiritual perspective.

- Learn about methods of treatment that effect useful change for adoptees as they face the lifelong implications of parent loss.

Date/Time: Wednesday, January 21, 2009
9:00 am - 12:00 pm

Cost/CEs: \$29 (includes continental breakfast)
2.5 approved CEs

Registration Deadline: January 15, 2009

Presenter: Ronald Nydam, PhD, is the Executive Director of Adoption Dynamics, an agency of counseling for triad members, community education, and legislative support for adoption reform. He holds a PhD from the University of Denver and the Iliff School of Theology. Ron co-produced *More Than Love*, a 55-minute video presentation on healthy adoptive development that includes a guidebook on the issues and the impact of relinquishment and adoption. He recently wrote *Adoptees Come of Age: Living within Two Families*, published by Westminster and John Knox Press, about the emotional and spiritual dimensions of adoptive development.

3 UNDERSTANDING THE CONTINUUM OF TRAUMA: HEALING THE INTERNAL FAMILY SYSTEM (intermediate)

What is complex trauma and how does it impact our clients and families? Complex trauma often leads to attachment issues. Thus, the therapeutic relationship is extremely important to help rebuild trust and the ability to connect with others.

Participants will:

- Learn the variability in stress disorders and trauma.
- Describe stress theory and crisis.
- Learn to differentiate between mild trauma and severe trauma.
- Learn the primary concepts and activities in cognitive behavioral therapy for trauma.
- Explain the primary concepts and activities in IFS therapy for trauma.

Date/Time: Tuesday, February 10, 2009
9:00 am - 12:15 pm

Cost/CEs: \$29 (includes continental breakfast)
3.0 approved CEs

Registration Deadline: February 3, 2009

Presenter: Frederick F. MacDonald, PhD, ACSW, LMSW, DAPA. Dr. MacDonald received his PhD from the University of Tennessee School of Social Work and is

currently an Associate Professor at Western Michigan University, School of Social Work. He teaches numerous classes including Psychopathology, Social Treatment with Families, and Literacy and Community Service. He has served as a clinical therapist at Family and Children's Services of Kalamazoo.

4 THERAPY WITH FAMILIES IN POVERTY, HONORING HOPELESSNESS, HOLDING UP HOPE (intermediate)

This training offers participants an overview of the crushing impact that living in poverty has on families who also experience emotional and relationship problems.

Participants will:

- Learn practical therapeutic engagement, assessment, and intervention techniques in an interactive format.
- Learn the role chronic socio-economic stress plays in families' lives.
- Describe effective approaches to therapeutic engagement with families living in chronic poverty, including specific attention to the "person" of the therapist.
- Explain the assessment process and the importance of setting obtainable goals.
- Describe the key elements of a therapy session, including the use of "enactments" as a therapeutic intervention.

Date/Time: Thursday, February 19, 2009
9:00 am - 12:15 pm

Cost/CEs: \$29 (includes continental breakfast)
3.0 approved CEs

Registration Deadline: February 12, 2009

Presenter: Shelly Schuurmann, PhD, LMSW, an Assistant Professor at the Grand Valley University School of Social Work. She was a clinical therapist at Wedgwood, DA Blodgett, and Kids First.

5 PUTTING THE "SUPER" IN SUPERVISION: HOW TO CONDUCT EFFECTIVE CLINICAL SUPERVISION IN SOCIAL WORK PRACTICE (intermediate - advanced)

Clinical supervision is one of the most exciting and challenging areas of professional social work practice, but the focus often falls to managerial tasks and personnel issues. In this workshop, participants will explore ways to enhance practice skills, advance professional development, and make clinical supervision genuinely *clinical* in focus.

Participants will be able to:

- Distinguish clinical supervision from therapy and management.

- Articulate a conceptual framework for clinical supervision.
- Assess developmental needs of supervisees.
- Select modes of clinical supervision to accomplish supervisory goals.
- Implement clinical supervision interventions.

Date/Time: Thursday, March 19, 2009
9:30 am - 12:45 pm

Cost/CEs: \$39 (includes continental breakfast)
3.0 approved CEs

Registration Deadline: March 12, 2009

Presenter: John Mooradian, PhD, received his MSW from University of Michigan in Interpersonal Practice and his PhD from Michigan State University in Social Science with a concentration in Social Work and as a Clinical Supervisor for practicing MSW's in relational therapy. He also served as a Clinical Assistant Professor at MSU and was Director of Clinical Staff and Program Development at Boysville of Michigan.

6 HEALTH AND SAFETY IN HOME/COMMUNITY-BASED SERVICES (basic - intermediate)

This workshop will address health and safety issues related to providing home-based services, including ways to assess the environment for health and safety concerns, ways to protect oneself and ways to help families respond to unhealthy environments.

Participants will be able to:

- Learn the potential health and safety risk in the home environment
- Identify ways to assess the environment for health and safety concerns
- Identify ways to keep themselves safe in client homes and in the community

Date/Time: Tuesday, March 24, 2009
9:00 am - 11:00 am

Cost/CEs: \$19 (includes continental breakfast)
2.0 approved CEs

Registration Deadline: March 17, 2009

Presenter: Jill Peck, LMSW, ACSW, Director of Quality & Program Development, Highfields, Inc. Jill received her MSW from EMU and her BS from MSU. She has over 20 years experience working with children, youth, and families in the areas of child welfare, delinquency, and mental health. She has also served as the Supervisor and Assistant Director for Community Services.